

# The Sleep Card

## My Sleep Card

If I wake up in the night, I can exchange my sleep card for:

or

or

## My Reward Card

If I do not use my sleep card for one night, I win one point.  
When I have won 5 points my reward will be:

or

or



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point



1 Sleep Point